



The James Cook Regional Anaesthesia Course

Friday 15th February & Saturday 16th February 2019
Hyatt Regency, Deira, Dubai, United Arab Emirates

The 17th JCRAC will be held for the first time in the beautiful city of Dubai
Early registration is recommended as places are limited.

Early registration before 30th December 2018

- 1500 Dirham's (AED) (~ £290)

Late registration after 30th December 2018

- 2500 Dirham's (AED) (~£400)



Royal College of Anaesthetists UK Approved, 10 CPD Points
ESRA Approved

**Further information is available online at www.jcrac.co.uk or complete and return the attached application form as soon as possible. To register complete attached application form and email to zoe.holland@nhs.net and payment by bank transfer
Contact: zoe.holland@nhs.net or 0044 1642 282825 or ahmedaaziz@gmail.com**

- Royal College of Anaesthetists & ESRA Approved Course
- Small group work teaching (5 delegates per instructor)
- Live scanning on volunteers
- Hands-on learning of needle techniques and catheters on phantoms
- Tips and tricks with international experts in ultrasound regional anaesthesia
- Spaces limited to 100 delegates only



"This was the best workshop that I attended in years, I learned so much"



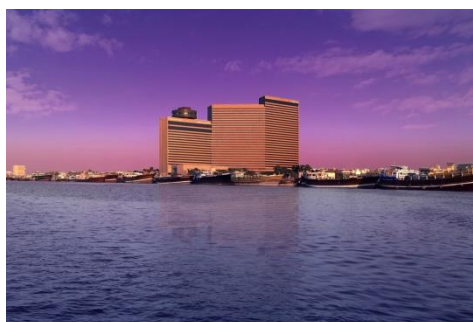
"This was probably the best course I have been to in ten years. The cadaveric anatomy was informative, well managed and refreshing"



"A superb course and very well organised. The speakers were all excellent"

DAY ONE

- 08.30 Registration & Coffee**
- 09.00 Multimedia presentation for Upper Limb**
(Dr T Adams)
- 09.45 Station 1:** Supraclavicular
- 10.20 Station 2:** Axilla
- 10.55 Station 3:** Interscalene
- 11.30 Station 4:** Infraclavicular
- 12.05 Lunch & Trade Exhibition**
- 13.05 Station 5:** Sup Cervical, Axillary N & Suprascapular
- 13.40 Station 6:** Rad, Med, Ulnar, Cut Ns of forearm
- 14.15 Station 7:** PECS 1, PECS 2, Serratus plane
- 14.50 Station 8:** Greater Occipital Nerve &
Suprazygomatic Maxillary N
- 15.25 Coffee Break**
- 15.55 Station 9:** Paravertebral
- 16.30 Station 10:** Erector Spinae
- 17.05 Closure**



DAY TWO

- 08.30 Registration & Coffee**
- 09.00 Multimedia presentation for Lower Limb**
(Dr John McDonell)
- 09.30 Multimedia presentation for Other Blocks**
(Dr Rafael Blanco)
- 10.00 Station 1:** Lumbar Plexus
- 10.30 Station 2:** Popliteal
- 11.00 Station 3:** Ankle
- 11.30 Station 4:** Neuraxial and Caudal
- 12.00 Lunch & Trade Exhibition**
- 13.00 Station 5:** Saphenous, Obturator & Adductor Canal
- 13.30 Station 6:** Phantom & Catheter techniques
- 14.00 Station 7:** Rectus sheath, TAP, Ilio-inguinal &
Quadratus Lumborum
- 14.30 Coffee Break**
- 15.00 Station 8:** Femoral, LFCN & Fascia iliaca
- 15.30 Station 9:** Free scanning
- 16.00 Station 10:** Sciatic
- 16.30 Closure**



FACULTY

Dr Ahmed Aziz, Course Director, Tawam / John Hopkins Hospital, **UAE**
Dr Rafael Blanco, Kings Hospital, **UAE**
Dr Baskar Manickam, Darlington Memorial Hospital, **UK**
Dr Anthony Adams, Lancashire Teaching Hospitals, **UK**
Dr Amr Abdelaal, Addenbrooke Hospital, **UK**
Dr Tahir Bashir, Tawam Hospital, **UAE**
Dr Adel El Maytamy, Tawam Hospital, **UAE**
Dr Omar Elkhatab, Mediclinic Hospital, **UAE**
Dr G Finn, Senior Lecturer, Hull York Medical University, **UK**
Dr Ashwani Gupta, Queen Elizabeth Hospital, **UK**
Dr Rola Hammond, Clemenceau Hospital, **Lebanon**
Dr Nat Haslam, City Hospitals Sunderland, **UK**
Miss Zoe Holland, The James Cook University Hospital, **UK**

Dr Gabriella Ioham, Cork University Hospital, **UK**
Dr Ranj Khaffaf, Prince Charles Hospital, **UK**
Dr Mansour, Rashid Hospital, **UAE**
Dr Riaz Khan, Tawam Hospital, **UAE**
Dr Brian Kinirions, Galway University Hospital, **Ireland**
Dr Patrick Narchi, Soyaux Centre Clinical, **France**
Dr Ahmed Elreafy, Cambridge Hospital, **UK**
Dr Amar Salti, SKMC Hospital, **UAE**
Dr Adrian Searle, Royal Derby Hospital, **UK**
Dr Pandy Seema, NMC Hospital, **UAE**
Dr Waleed Riad, Corniche Hospital, **Abu Dhabi**
Dr Ahmed Taha, Healthpoint Hospital, **UAE**
Dr V Velayutham, Lancashire Teaching Hospital, **UK**